

# Great Harvest Bread Co.®

2092-H Newbury Rd. Newbury Park, CA 805-376-0111

## DID YOU CHECK YOUR EMAIL?

Special offers went out the first week of February to all of our customers who signed up for our email list. Don't be left out on future updates and offers. (Spam free, and opt out at any time.)

### SIGN UP TODAY!

At [www.realgoodbread.com](http://www.realgoodbread.com)

## ARE YOU KEEPING YOUR NEW YEAR'S RESOLUTION?



So many diets are started in January. And, unfortunately, so many diets are forgotten by February. If you need help staying on a healthy diet, remember that multiple studies have shown that eating 3 ounces of whole grains per day can reduce belly fat and helps you weigh less! Renew your resolution to eat a healthy diet by including delicious 100% whole grain bread from Great Harvest!

## FEBRUARY BREADS

- EVERYDAY** Honey Whole Wheat\* • Harvest White • Italian Herb Focaccia • Caraway Rye\* • Cinnamon Swirl
- MONDAY** Nine Grain\* • Black Forest Rye^ • California Herb\* • Conejo Crunch^ • Dakota\*
- TUESDAY** Cheddar Garlic • Jalapeño Cheddar • Lo Carb Wheat^ • Whole Grain Goodness\* • Tuscan Herb^ • Cinnamon Raisin Walnut
- WEDNESDAY** Popeye^ • Cinnamon Pull-a-part • High 5 fiber\* • Asiago (3rd, 17th) OR Cheddar (10th, 24th) Sourdough^ • Squaw Bread\*
- THURSDAY** Sundried Tomato Pesto Swirl • Raisin Cinnamon Burst\* • Dakota\* • Spelt\*
- FRIDAY** Whole Grain Goodness\* • Spinach Feta^ • Sourdough^ • Challah • White Cinnamon Burst • White Chocolate Cherry Swirl
- SATURDAY** Apple Crumble^ • Nine Grain\* • Cheddar Garlic • Jalapeño Cheddar • Conejo Crunch^ • Cinnamon Burst\* • California Herb\*

\* 100% Whole Grain ^ Made with Whole Grains

## SWEET SPOT

- MONDAY** Cookies, Chocolate Chip Cream Cheese Scone • Cinnamon Chip Scone • Piña-Colada Scone • Caramel Apple Muffin • Cranberry Orange Walnut loaf
- TUESDAY** Cookies, White Chocolate Raspberry Scone • Maple Pecan Scone • Doubleberry Oatmeal Muffin • Fat-Free Cinnamon Rolls • Pumpkin Cinnamon Chip Loaf
- WEDNESDAY** Cookies, Blueberry Cream Cheese Scone • Peach Scone • Banana Nut Muffin • Cinnamon Rolls • Piña Colada Loaf • Banana Nut Loaf
- THURSDAY** Cookies • Maple Pecan Scone • Strawberry Cream Cheese Scone • Blueberry Almond Scone • Carrot Flax Muffin • Cinnamon Rolls • Chocolate Brownie Bread
- FRIDAY** Cookies • Raspberry Cream Cheese Scone • Cinnamon Chip Scone • Blueberry Muffin • Fat-free Cinnamon Rolls • Pumpkin Chocolate Chip Loaf • Pumpkin Muffins
- SATURDAY** Cookies • Cinnamon Apple Scone • Strawberry Cream Cheese Scone • Morning Glory Muffin • Cinnamon Rolls • Pumpkin Chocolate Chip Cakebread

Try a chocolate cinnamon roll, they're positively decadent!

Store Hours: Monday—Friday 7 am - 6:30 pm, Saturday 8 am - 5 pm

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